

## The Shoulder: Complex doesn't have to be Complicated with Adam Meakins 28-29/10/18

ביה"ס לפיזיותרפיה, אספה הרופא.

The workshop has been designed to include practical sessions with opportunities to rehearse some assessment techniques and rehab ideas; however, there is a lot of literature and theory to go through as well.

There will be NO course booklet; instead you will get a USB with full electronic copies of all the course material loaded on for you to refer to whenever you wish.

### **TIMETABLE 2018:**

#### **DAY 1**

REGISTRATION	08:45-09:00
Welcome & introductions	09:00-09:15
What to expect from this course	09:15-09:30
My key principles for good physiotherapy	09:30-11:00
COFFEE	11:00-11:15
Shoulder Anatomy & Biomechanics	11:15-12:30
LUNCH	12:30-13:30
Red Flags & Differential Diagnosis	13:30-14:00
The Stiff Shoulder; Theory	14:00-15:00
COFFEE	15:00-15:15
The Stiff Shoulder; Practical	15:15-16:15
Summary and Q&A	16:15-17:00

#### **DAY 2:**

Review of Day 1	09:00-09:15
The Weak Shoulder; Theory	09:15-10:45
COFFEE	10:45-11:00
The Weak Shoulder; Practical	11:00-12:30
LUNCH	12:30-13:30
The Unstable Shoulder; Theory	13:30-15:00
COFFEE	15:00-15:15
The Unstable Shoulder; Practical	15:15-16:00
Summary and Q&A	16:00-16:30

הרישום פתוח לחברי עמותה בלבד!!! עלות לחבר עמותה: 650 ₪. מס' המקומות מוגבל ל 30 משתתפים בלבד.

לרישום [לחץ כאן](#). לתקנון ביטולים [לחץ כאן](#).