Welcome from the program chair

It is with great pleasure to invite you to attend the 3rd biennial Hip Symposium and the annual meeting of the Israeli society for sports medicine to be held in Tel Aviv September 29-30 2015. The hip meeting will cover current trends in modern hip surgery and rehabilitation from childbirth to adulthood. The sports society meeting will include a variety of new prophylactic, physiologic and therapeutic modalities information, allowing attendees to expand their knowledge and enhance their skills. National and international faculty of leading experts will present the current concepts of Pediatric hip diseases, Conservative Hip Surgery, Hip Arthroscopy, Hip Arthroplasty, Rehabilitation and Future trends in each field. Virtually every aspect of hip diseases and treatments will be examined on the first day of the course through case-based learning, video vignettes, and audience interaction. On the second day a comprehensive hip and pelvis rehabilitation workshop for physiotherapists will run in parallel with surgical re-live demonstrations, case presentations, open debates and discussions on a wide spectrum of hip pathologies.

Lunch time hands-on workshops and technical exhibits will also be offered. All those with an interest in open and arthroscopic hip surgery rehabilitation and the care of the athlete are encouraged to attend this meeting. Orthopaedic surgeons and residents Physiotherapists Sports medicine physicians Radiologists and allied health professionals.

We are looking forward to seeing you in Tel Aviv

Scientific committee:
Thomas G Sampson, hip meeting chair
Ehud Rath, Chair, Israeli society for sports medicine
Reuven Shitrit, Chair, pediatric orthopedic society
Ronen Debi
Liran Lifshitz

Invited International faculty:
Richard Field, Great Britain
Robroy Martin, USA
Travis Matheney, USA
Víctor M. Ilizaliturri, Mexico
Hal D Martin, USA
Thomas G Sampson, USA
Joel Matta, USA

SCIENTIFIC PROGRAM

Tuesday, September 29

General topics, Instructional lectures
How the experts evaluate the hip
Pediatric hip
Femoroacetabular Impingement
Hip preservation surgery
Early OA - Where is the border between arthroplasty and arthroscopy?
Rehabilitation of hip and pelvis
Ischiofemoral Impingement
Surgical approach to the hip - debates
Iliopsoas pathologies
Ligamentum teres pathologies
Adult reconstruction
Periacetabular osteotomy
Sources of Posterior Hip Pain

Workshops:
Hip Ultrasound, US guided injections
Physical examination of the Hip
Hip rehabilitation for surgeons

Wednesday, September 30

Surgical debates and discussions
Surgical Approaches to hip arthroplasty
Hip pathologies in children and adolescents
Periacetabular osteotomy
Subspinal and Ischiofemoral impingement
Arthroscopy of the post arthroplasty hip
Surgical demonstrations re-live
Labral repair and reconstruction
Treatment of chondral lesions
Synovial diseases
Challenging THR
Rehabilitation of the Hip and Pelvis
Physical examination and imaging
Theoretical and practical hip rehab
Do and don’t in hip rehabilitation
Case presentations, debate and discussions
Hip rehabilitation workshop
Physical therapy assessment of hip pathologies vs. lumbar pathologies

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