

למה אנחנו צריכים לגרום לאנשים לנוע ומה צריך לדעת על זה?  
הרצאה חינם! און ליין.

9.11.2020

יום שני בשעה 21:00

Ben Cormack -

Why you need to get people moving and what you need to know about it!

Join Ben as he dives into the science of movement, exercise & pain. As a core treatment in most MSK conditions, exercise is still not well understood and applied in the context of a modern biopsychosocial framework. The tough part of clinical practice is marrying the evidence with the thinking & feeling individual in front of you and the uncertainty that this brings.

Ben will explore the research on this subject and also give a bit of his clinical opinion as well. This will be in the format of a 45 minute lecture with some time for questions too!

Bio

Ben Cormack owns and runs Cor-Kinetic. He is a musculoskeletal therapist with a clinical background in sports therapy, rehabilitation, pain science & exercise stretching back 15 years. He specialises in a movement & exercise based approach with a strong education component and patient centred focus.

Ben is a popular international presenter who has delivered conferences presentations and courses all over the world.

בקרוב גם: קורס און ליין עם בן קורמק, של שלושה מפגשים.

לקראת הקורס - כדאי לבוא לשמוע ולהכיר..

**ZOOM הרצאה תתקיים בשפה האנגלית - באמצעות תוכנת**

**להרשמה לחצו כאן**