

## The Shoulder: Complex doesn't have to be Complicated with Adam Meakins 13-14/1/19

ביה"ס לפיזיותרפיה, אסף הרופא.

The workshop has been designed to include practical sessions with opportunities to rehearse some assessment techniques and rehab ideas; however, there is a lot of literature and theory to go through as well.

There will be NO course booklet; instead you will get a USB with full electronic copies of all the course material loaded on for you to refer to whenever you wish.

### TIMETABLE 2019:

#### DAY 1

REGISTRATION	0845-0900
Welcome & introductions	0900-0915
What to expect from this course	0915-0930
My key principles for good physiotherapy	0930-1100
COFFEE	1100-1115
Shoulder Anatomy & Biomechanics	1115-1230
LUNCH	1230-1330
Red Flags & Differential Diagnosis	1330-1400
The Stiff Shoulder; Theory	1400-1500
COFFEE	1500-1515
The Stiff Shoulder; Practical	1515-1615
Summary and Q&A	1615-1700

#### DAY 2:

Review of Day 1	0900-0915
The Weak Shoulder; Theory	0915-1045
COFFEE	1045-1100
The Weak Shoulder; Practical	1100-1230
LUNCH	1230-1330
The Unstable Shoulder; Theory	1330-1500
COFFEE	1500-1515
The Unstable Shoulder; Practical	1515-1600
Summary and Q&A	1600-1630

הרישום פתוח לחברי עמותה בלבד!!! עלות לחבר עמותה: 650 ₪. מס' המקומות מוגבל ל 30 משתתפים בלבד.

לרישום [לחץ כאן](#). לתקנון ביטולים [לחץ כאן](#).