

## סדנה מאמסטרדם, לשיקום רצפת אגן – מתקדמים

בי"ח בילינסון 22-24.4.20

### **Pelvic Floor Dysfunctions**

ass. prof. dr. Bary Berghmans & dr. Maura Seleme (The Netherlands)

20 hours detailed program of advanced pelvic floor course

Dates 22-24 April 2020.

ההרשמה מוגבלת ל-50 משתתפים, כל הקודם זוכה !!!

מחירים:

לחברי עמותה:

500 ₪ ליום אחד (22.4 או 23.4) | 650 ₪ ליומיים (22-23.4) | 900 ₪ לכל הסדנה.

לא חברי עמותה:

650 ₪ ליום אחד (22.4 או 23.4) | 850 ₪ ליומיים (22-23.4) | 1300 ₪ לכל הסדנה.

עלות חברות שנתית בעמותה 390.6 ₪

על מנת להיות חבר עמותה ולקבל את כל ההטבות, העזרה, התמיכה והמידע כל השנה!  
יש ללחוץ כאן להרשם כחבר/ה ולקבל את ההנחה כבר בקורס הזה.

[לחץ כאן](#) לתקנון ביטולים

[לחץ כאן](#) לחידוש חברות

[לחץ כאן](#) להרשמה

### Topics:

- ✓ Upgrade in anatomy and physiology of urinary incontinence and female sexual dysfunctions.
- ✓ Conservative treatment in female stress urinary incontinence based on evidence.
- ✓ Conservative treatment in female sexual dysfunctions based on evidence.
- ✓ Pelvic floor assessment for Stress Urinary Incontinence and Female Sexual Dysfunctions based on evidence.
- ✓ Evaluation and gametherapie with biofeedback Phenix
- ✓ Conservative treatment in Overactive Bladder
- ✓ What is an Overactive Pelvic Floor?
- ✓ How and when to use electrotherapy and biofeedback to treat urinary incontinence, sexual dysfunctions and overactive pelvic floor?
- ✓ How to build pelvic floor exercises based on evidence - theory and practice
- ✓ Fecal Incontinence - anatomy, physiopathology
- ✓ Pelvic floor assessment for Fecal Incontinence based on evidence
- ✓ Conservative treatment in Fecal Incontinence

### An overview about Neuro-Urology:

- ✓ Considerations about Underactive Detrusor
- ✓ Considerations about Neurogenic Overactive Detrusor
- ✓ Discussion of case reports: SUI, Urgency, Sexual Dysfunction, Dispareunia, Fecal Incontinence
- ✓ Male incontinence: functional anatomy, assessment treatment
- ✓ Case reports

### Practical class:

- ✓ assessment
- ✓ pelvic floor muscle training
- ✓ biofeedback
- ✓ electrotherapy

**1st Day 22/4/20 יום רביעי : 08:00 - 16:00**

07:30 – התכנסות

08:00 - Upgrade in anatomy and physiology of urinary incontinence and female sexual dysfunctions - Bary Berghmans

09:00 - Pelvic floor assessment for stress urinary incontinence and female sexual dysfunctions based on evidence – Maura Seleme

10:00 - 10:15- Coffee break

10:15 - Conservative treatment in female stress urinary incontinence based on evidence - Bary Berghmans

10:45 - Conservative treatment in female sexual dysfunctions based on evidence – Bary Berghmans

11:15 - Evaluation and gametherapie with wireless biofeedback - Maura Seleme

11:45 - Conservative treatment for overactive bladder - Bary Berghmans

12:15 - 13:00 – Lunch Break

13:00 - What is an overactive pelvic floor - Bary Berghmans

13:30 - How and when to use electrotherapy and biofeedback to treat urinary incontinence, sexual dysfunctions and overactive pelvic floor? Bary Berghmans

14:15 - How to build pelvic floor exercises - Maura Seleme

15:00 - 15:15 - Coffee break

15.15 - Male incontinence: functional anatomy - Bary Berghmans

16.00 - end

**2nd Day 23/4/2020 יום חמישי : 08:00 - 16:00**

08:00 - Fecal incontinence - anatomy, physiopathology - Bary Berghmans

08:45 - Pelvic floor assessment for fecal incontinence based on evidence - Maura Seleme

09:30 - Conservative treatment for fecal incontinence – Bary Berghmans

10:15 -10:30 - Coffee break

10:30 - Considerations about detrusor underactivity – Bary Berghmans

11:00 - Considerations about neurogenic detrusor overactivity – Bary Berghmans

11:30 - Male incontinence: assessment Bary Berghmans

12:30 - 13:15 - Lunch break

13:15 - Male incontinence: treatment Bary Berghmans

14:15 - Adherence, motivation, home programming Maura Seleme

14:45 - 15:00 - Coffee break

15:00 – electrotherapy, biological rationale, parameters and applications - Bary Berghmans 15:30 - case reports: SUI, Urgency, Sexual Dysfunction, Dispareunia, Fecal Incontinence - Bary

Berghmans & Maura Seleme

16:00 end.

**3rd Day 24/4/2020 יום שישי: 08:00 - 12:00**

Practical class

08:00 - Assessment Bary Berghmans & Maura Seleme

10:00 to 10:30- Coffee break

10:30 – Pelvic floor muscle training, the 5Fs concept – Bary Berghmans & Maura Seleme

11:30 - Gametherapie and biofeedback Phenix - Maura Seleme

12:15 – Electrotherapy practice - Maura Seleme

13:00 – lunch & end.

Faculty:

**Bary Berghmans- PhD MSc RPT** associate professor Maastricht University Medical Centre, Maastricht, The Netherlands. Professor department of surgery University of Campinas, Campinas, Brazil.

**Maura Seleme – PhD RPT** - Coordinator of department Pelvic Floor Dysfunctions - Inspirar Faculdade - Curitiba/Brazil. Director abafi-HOLLAND and abafi-BRASIL.  
abafi - HOLLAND