



The first International Dana Seminar on Pediatric and Adolescents Sports Medicine

April 11th-12th, 2011

The Department of Pediatric Orthopedics & The Pediatric Sports Injuries and Arthroscopic Surgery Service Dana Children's Hospital, Tel Aviv Sourasky Medical Center
in cooperation with
The Israel Society of Sports Medicine

Chairman:

M. Yaniv, MD

Organizing Committee:

T. Becker, MD
H. Jacobi, M.Sc
S. Wientroub, MD

International Faculty:

M.T. Busch, MD, U.S.A
F. Chotel, MD, France
T. Ganley, MD, U.S.A
D.L. Marshall, MD, U.S.A
M.L. Murnaghan, MD, Canada

Israeli Faculty:

R. Arieli, R.D, M.Sc
N. Constantini, MD
S. Diamant, MD
G. Dubnov, MD
A. Eliakim, MD
Y. Hutzler, Ph.D
D. Nemet, MD
D. Ovadia, MD
E. Sadres, M. Med. Fc
R. Soferman, MD

April 11, 2011: Pediatric Primary Care Sports Medicine Topics

Morning Sessions 1: Children's Exercise Physiology

- 0840 – 0900 Physical activity and growth – Prof. A. Eliakim
- 0900 – 0920 Children's exercise physiology – Dr. D. Nemet
- 0920 – 0930 Discussion – Q&A
- 0930 – 1000 Strength training in youth and developmental readiness for sports – Dr. D.L. Marshall
- 1000 – 1045 Pre-participation evaluation panel – Dr. Constantini, Dr. Diamant, Dr. D.L. Marshall

Coffee break

Morning Sessions 2: The Healthy Young Athlete

- 1115 – 1150 How to build a physical activity program for the growing athlete – E. Sadres
- 1150 – 1215 Overuse injuries in the young athlete – Dr. D.L. Marshall
- 1215 – 1245 Injuries prevention in children's sport's activities – Dr. D.L. Marshall
- 1245 – 1315 Nutritional aspects of the young athlete – R. Arieli

Lunch break

Afternoon Sessions 1: Injuries and Pathology in Healthy and Disabled Children

- 1400 – 1420 Bone exercise and nutrition – Prof. A. Eliakim
- 1420 – 1440 The management of concussion in sports – Dr. D.L. Marshall
- 1440 – 1500 Exercise and childhood obesity – Dr. D. Nemet
- 1500 – 1520 Respiratory illnesses and Asthma in the young athlete – Dr. R. Soferman
- 1520 – 1540 The diabetic young athlete – Dr. G. Dubnov

Coffee break

Afternoon Sessions 2: Injuries and Pathology in Healthy and Disabled Children

- 1600 – 1630 Arthritis and sport in the young athlete – Dr. D. Nemet
- 1630 – 1700 The female adolescent athlete – Dr. N. Constantini
- 1700 – 1730 The disabled young athlete – Dr. Y. Hutzler

April 12, 2011: Pediatric Sports Injuries Topics

Morning Sessions 1: Knee and Hip

- 0830 – 0850 The natural history of knee joint in skeletally immature patients with a diagnosis of an anterior cruciate ligament tear – Dr. M.T. Busch
- 0850 – 0940 Anterior cruciate ligament tear combined with other knee injuries (medial collateral ligament, meniscus, chondral lesions) – Dr. T.J. Ganley
- 0940 – 1000 The role of conservative treatment and prevention program in sport related injuries of lower limb in the young athlete – Dr. D.L Marshall
- 1000 – 1020 Panel Discussion: Anterior cruciate ligament tear surgical options – How I do it: Indication, decision making and surgical technique – Dr. M. Yaniv, Dr. M.T. Busch, Dr. T.J. Ganley, Dr. F. Chotel
- 1020 – 1040 Management of tibial spine fractures – Dr. F. Chotel

Coffee break

Morning Sessions 2: Knee and Hip

- 1100 – 1120 Discoid meniscus – treatment rationale and protocol. – Dr. T.J. Ganley
- 1120 – 1140 Anterior knee pain in children and adolescents – Dr. M. Yaniv
- 1140 – 1200 Medial patello femoral ligament reconstruction in the immature knee – Dr. F. Chotel
- 1200 – 1215 Panel Discussion: Patellar instability in the skeletally immature patient – conservative and surgical approach to treatment – Dr. T. Becker, Dr. M.T. Busch, Dr. D.L. Marshall, Dr. F. Chotel, Dr. T.J. Ganley
- 1215 – 1230 Knee O.C.D in the skeletally immature knee – Dr. T.J. Ganley
- 1230 – 1300 Hip arthroscopy in the pediatric patient. Indications and results – Dr. M.L. Murnaghan

Lunch break

Afternoon Sessions 1: Foot and Ankle

- 1345 – 1415 Instability of the ankle in the skeletal immature athlete – treatment options (conservative and operative) – Dr. M.T. Busch
- 1415 – 1430 Tendons instabilities of the ankle in adolescent athletes – Dr. M.T. Busch
- 1430 – 1445 Ankle O.C.D. in children and adolescents: Operative techniques for stable and unstable lesions. – Dr. M.T. Busch
- 1445 – 1500 Anterior and posterior impingement of the ankle – Dr. M.T. Busch
- 1500 – 1515 Ossicles around the foot – Dr .M.L. Murnaghan

Coffee break

Afternoon Sessions 2: Upper Extremity and Spine

- 1540 – 1600 Shoulder instability in adolescent athletes. – Dr. T.J. Ganley
- 1600 – 1620 Rotator cuff injuries in adolescent athletes: Prevention and treatment guidelines – Dr. T.J. Ganley
- 1620 – 1640 Osteochondritis dissecans of the capitellum in adolescent athletes (pathogenesis, evaluation and treatment) – Dr. M.L. Murnaghan
- 1640 – 1700 Spondylolysis/lysthesis in the pediatric and adolescent athlete – Dr. D. Ovadia

