

## Dilemmas Shared with the Ethics Committee During Wartime

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During times of war, healthcare professionals often face complex ethical dilemmas related to patient care, team dynamics, and organizational responsibilities. This article explores ethical issues confronted by physical therapists during the “Swords of Iron” war in Israel.

Three case studies are presented highlighting common concerns:

1. Maintaining collegiality amongst staff members with diverse viewpoints on the conflict;
2. Providing care for patients that elicits moral distress;
3. Balancing organizational needs with commitments to student training programs.

The article emphasizes the importance of ethical sensitivity and reasoning skills to grapple with multifaceted challenges. Recommendations include fostering open communication, seeking consultation, and enhancing competence in ethical decision-making. The complex realities of war underscore the need for greater education and dialogue to navigate ethical dilemmas in physical therapy practice. This piece aims to promote reflection and collectively working through demanding situations in a thoughtful, principled manner.

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