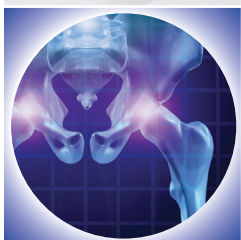


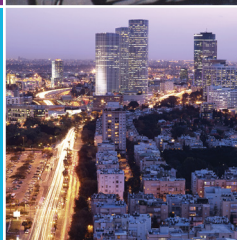
7-8 September



Hip and Shoulder Meeting



Ramat Gan 2017



Scientific Program

Welcome from the program chair

It is with great pleasure to invite you to attend **The Hip and Shoulder Meeting** to be held in Ramat Gan, September 07-08, 2017. A rich program will cover current trends in hip and shoulder preservation surgery and rehabilitation from childhood to adulthood allowing attendees to expand their knowledge and enhance their skills.

International faculty of leading experts will present the current concepts of Pediatric hip diseases, Preservative hip and shoulder Surgery, Rehabilitation and Future trends in each field.

All those with an interest in hip surgery, shoulder surgery, sports medicine, rehabilitation and the care of the athlete are encouraged to attend this meeting:

- Orthopaedic surgeons and residents
- Physiotherapists
- Sports medicine physicians
- Radiologists and allied health professionals.

"We are looking forward to seeing you!"

Ehud Rath and Eran Maman
Hip and Shoulder Meeting chair

Invited International faculty:

Benjamin Domb, USA
Damian Griffin, UK
Victor M. Ilizaliturri, Mexico
Hal D Martin, USA
Amir Takla, Australia
Thomas G Sampson, USA
Felix Savoie, USA
Lennard Funk, UK

Scientific committee:

Thomas G. Sampson
Hal D. Martin
Eran Maman
Liran Lifshitz
Reuven Shitrit
Ehud Rath
Ofir Checkik

Thursday, September 7, 2017

Kfar Hamacabia Hotel, Ramat Gan

07:45-08:45 **Practical workshop for physiotherapists**
 Foam rolling principles for shoulder and hip mobility **Oren Bar-Nur**
 * For the practical part of the workshop please come with comfortable clothing
 ** Please arrive 15 minutes before the start to register

08:00-09:00 **Registration**

09:00-11:00	Session 1	Hall A
	Physical Examination, Imaging, Patient Selection	Hip

09:00-09:10 Anterior hip pain **Eyal Amar**
 09:10-09:20 Lateral hip pain **Dror Lindner**
 09:20-09:30 Posterior hip pain **Hal Martin**
 09:30-09:40 The hip spine syndrome – New concepts in automated diagnostic systems and simulated treatment models **Hal Martin**
 09:40-09:50 Discussion
 09:50-10:00 The warwick agreement: An international consensus on FAI syndrome
Damian Griffin
 10:00-10:10 When not to do hip arthroscopy **Victor Ilizaliturri**
 10:10-10:20 Snapping hip syndromes **Victor Ilizaliturri**
 10:20-10:25 Discussion
 10:25-11:00 Case presentations and panel discussion
 Moderator: **Nahum Halperin**
 Case 1 presenter: **David Morgenstern**
 Case 2 presenter: **Moshe Yaniv**
 Panel: **Hal Martin, Yaron Bar Ziv, Victor Ilizaliturri**

09:00-11:00	Session 1	Hall B
	Rotator Cuff Tear	Shoulder

1 Preparations: Eran Maman
 09:00-09:10 Critical shoulder angle - rationale, technique & results of lateral acromioplasty
 correlation between glenoid inclination and critical shoulder angle
Ariel Oran
 09:10-09:15 Footprint - GT preparation- burring? Microfracture **Ram Yaron**
 09:15-09:20 Tendon quality – How to evaluate tendon quality before surgery? **Nir Hos**
 09:20-09:30 How to manage poor tendon quality? Delamination, retraction L shape,
 C shape, V shape **TBA**

- 09:30-09:35 Muscle - How to manage poor muscle quality? G-3-4 **Yariv Goldstein**
- 09:35-09:50 Discussion and cases presentation
2 Tendon to bone Fixation TBA
- 09:50-10:00 Single / Double / Suture bridge / Trans osseous fixation **Gavriel Mozes**
3 Long Head of Biceps Tendon Pathologies TBA
- 10:00-10:05 Is clinical exam relevance? **Eli Adar**
- 10:05-10:10 Imaging? **TBA**
- 10:10-10:15 Instability? Extra articular pain? **Ofir Chechik**
- 10:15-10:25 To cut or not to cut is that the question! How to fix and where? literature
Ofir Chechik
- 10:25-10:35 Discussion - LHB as a pain generator
4 Sub scapularis: Gavriel Mozes
- 10:35-10:35 Clinical exam and the importance of each test **Ori Safran**
- 10:35-10:40 Anatomy and Imaging – Are we dealing with 2 muscles – ISP/T Minor equivalent **Ori Safran**
- 10:40-10:45 Arthroscopy - Comma sign? **Oz Hadar**
- 10:45-10:50 Fixation single row/ Suture Bridge? **TBA**
- 10:50-11:00 Discussion and cases presentation

09:00-11:00	Session 1	Hall C
	Shoulder Session	Physiotherapy

- 09:00-09:45 Physical examination of the shoulder - The orthopedic surgeon approach
Lennard Funk
- 09:45-10:05 The shoulder girdle in sport activity **Amir Takla**
- 10:05-10:25 Muscle control of the shoulder girdle **Maya Cale- Benzoor**
- 10:25-10:45 Post-operative rehabilitation of the shoulder **Alon Rabin**
- 10:45-11:00 Discussion
- 11:00-11:30 Coffee break**

11:30-12:50	Session 2	Hall A
	Plenary Session	

- 11:30-11:40 Welcome - Opening remarks
- 11:40-11:55 What I have learned in over a decade about femoroplasty and CAM lesions
Thomas Sampson
- 11:55-12:10 The rotator cuff of the hip: Physiotherapy after hip arthroscopy **Amir Takla**
- 12:10-12:15 Discussion

12:15-12:30 Clinical decision making - How we make decisions and how to improve them **Lennard Funk**

12:30-12:45 Glenohumeral joint: Soft tissue vs. bone block - Are we heading to the wrong direction? **Felix Savoie**

12:45-12:50 Discussion

12:50-13:45 Lunch

13:45-15:15 Session 3 Hall A
Surgical Considerations in Hip Preservation Hip

13:45-13:55 Hip preservation surgery in hip dysplasia **Danny Weigl**

13:55-14:05 Dysplasia: Decision making arthroscopy vs. osteotomy **Benjamin Domb**

14:05-14:10 Discussion

14:10-14:20 Hip preservation surgery in SCFE **Mark Eidelman**

14:20-14:30 Scopic and open surgery for slipped epiphysis: Illustrating the future of hip preservation surgery **Damian Griffin**

14:30-14:35 Discussion

14:35-14:45 Hip preservation surgery in perthes **Reuven Shitrit**

14:45-14:55 Hip arthroscopy in pediatric patients **Muki Yaniv**

14:55-15:00 Discussion

15:00-15:30 Case presentations and panel discussion

Moderator: **Nahum Halperin**

Case presenter: **Mark Eidelman**

Panel: **Yaron Weisel, Ronen Debbi, Benjamin Domb**

13:45-15:15 Session 3 Hall B
Rotator Cuff Repair Technique Shoulder

14:00-14:15 Tips and tricks **Felix Savoie**

5 Post op. care complications and failure Felix Savoie

14:15-14:25 Physiotherapy - To mobilize or to immobile **Avi Scezar**

14:25-14:35 Infection **TBA**

14:35-14:45 Failure to heal? The value of post op. imaging **TBA**

14:45-14:55 Long term results **TBA**

14:55-15:10 **Basic science** Can we improve healing - Faster!, stronger!
Eram Maman, Oleg Dolkart

15:10-15:30 **Discussion** - Chronic post op. pain and limitation of motion - Failure to heal? How to approach? How to diagnose (imaging, symptoms, clinical examination)

13:45-15:15	Session 3	Hall C
	Physiotherapy Program Hip Session I	Physiotherapy

13:45-15:00 Hip physical examination - Doctor and physiotherapist practical workshop - **Victor Ilizaliturri, Amir Takla**

15:00-15:30 Case presentation 1

15:30-16:00 **Coffee break**

16:00-17:00	Session 4	Hall A
	Improving Outcome	Hip

16:00-16:07 Diagnosis and management of hip instability **Damian Griffin**

16:07-16:15 Concepts and progress in anterior inferior hip instability **Hal Martin**

16:15-16:20 Discussion

16:20-16:27 How much and how long is formal physical therapy and rehabilitation is necessary after hip arthroscopy? **Thomas Sampson**

16:27-16:35 Arthroscopic surgery for femoral retrotorsion: A less well known cause of FAI syndrome **Damian Griffin**

16:35-16:40 Discussion

16:40-16:50 Arthroscopic treatment for the painful total hip **Thomas Sampson**

16:50-17:00 Hip arthroscopy for osteoarthritis... is there a role for stem cells or PRP **Itamar Botser**

16:00-17:00	Session 4	Hall B
	6 Irreperable R. Cuff Tear	Shoulder

16:00-16:07 Approach and arsenal **Eran Maman**

16:07-16:15 Inspace Balloon - My 6 years experience. Literature, is LHB Tenotomy makes a different? **Eran Maman**

16:15-14:20 Ballon vs. cuff repair **TBA**

16:20-16:25 Superior capsular reconstruction **TBA**

16:25-16:30 Patch rotation medical **Felix Savoie**

16:30-16:45 Tendon transfer **TBA**

16:45-17:00 Discussion - Irreperable RC Repair

16:00-17:00	Session 4	Hall C
	Physiotherapy Program Hip Session II	Physiotherapy

Case study presentation by doctor & physiotherapist **Benjamin Domb, Amir Takla**

16:00-16:30 Case presentation 2

16:30-17:00 Case presentation 3

Friday, September 8, 2017

Tel Aviv Sourasky Medical Center

08:30-10:00 **Session 1: Re-live Surgery**

- 08:30-08:40 Ideal labral re-tensioning to maintain a seal with the femoral head during arthroscopic labral repair **Thomas Sampson**
- 08:40-08:50 Capsular management in hip arthroscopy **Victor Ilizaliturri**
- 08:50-09:00 Labral reconstruction: Technique, rationale, and indications
Benjamin Domb
- 09:00-09:10 Cam FAI: How and why to perform a spherical femoroplasty
Benjamin Domb
- 09:10-09:20 Proximal Hamstring repair and Hamstring syndrome **Ehud Rath**
- 09:20-09:30 Approaches in hip arthroscopy - Central vs. peripheral compartment 1st
Thomas Sampson
- 09:30-09:40 Gluteus medius repair with graft augmentation **Benjamin Domb**
- 09:40-09:50 Piriformis release **Hal Martin**
- 09:50-10:00 Discussion
- 10:00-10:30 Coffee break**

10:30-12:00 **Session 2: Case Presentations / Lessons I Have Learned from my Malpractice litigations**

- 10:30-10:40 How would I do things differently **Ehud Rath**
- 10:40-10:45 Discussion
- 10:45-10:55 Meeting patient expectations **Thomas Sampson**
- 10:55-11:00 Discussion
- 11:00-12:00 Case presentations and panel discussion
Panel: **Hal Martin, Damian Griffin, Nimrod Snir**
- 11:00-11:20 Case 1
- 11:20-11:40 Case 2
- 11:40-12:00 Case 3
- 12:00 Adjourn

Friday, September 8, 2017

Assaf Harofe Physiotherapy School

Physiotherapy workshop

For the workshop, please come with comfortable clothing for practice

08:00-08:30 Registration

08:30-09:15 Hip and Lumbopelvic physical examination demonstration **Amir Takla**

09:15-10:00 Hip and Lumbopelvic physical examination practical session **Amir Takla**

10:00-10:20 Coffee break

10:20-12:00 Physiotherapy treatment for the hip - Pre op, post op and conservative treatment **Amir Takla**

12:00-12:10 Coffee break

12:10-13:00 Problem solving the complex Lx /Hip patient: Case series **Amir Takla**

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