

PEDS1- PEDIATRIC BOWEL AND BLADDER DISORDERS

Pre-Course Learning – 4 hours

Anatomy of the Pelvic Floor ~ 38 min

Posture and Development of the PFM ~ 7 min

Normal bowel & bladder function in pediatrics ~ 22 min

Standardization of terminology of bladder function in children and adolescents ~ 21 min

Conditions and diagnoses ~ 29 min

Investigative Tools -Bladder diaries, uroflow, KUB's, Ultrasound, Urodynamic tests & measures ~93 min

Neurogenic Bladder ~ 11 min

Vesicoureteral Reflux- VUR: Definition, medical-surgical management ~ 25 min

Physiology of defecation ~ 42 min

Day 1 Virtual Live Class

5:00-5:15 Introduction/Questions for Pre-course learning

5:15-7:15 Constipation and Encopresis: definitions treatment and medications

7:15-7:30 Questions & Break

7:30-8:30 Video Demonstration Lab - External palpation of the PFM

PFM assessment with breath holding versus straining

8:30-9:00 Questions and adjourn

Day 2 Virtual Live Class

5:00-6:00 Dysfunctional voiding

6:00-7:00 Enuresis (Bedwetting): Definition, etiology, medical-behavioral management

7:00-7:10 Q&A

7:10-8:00 Psychological considerations

8:00-8:40 Biofeedback Fundamentals

8:40-9:00 Q&A and adjourn

Day 3 Virtual Live Class:

5:00-6:30 Biofeedback evaluation & treatment with Video Demonstration Lab

6:30-6:45 Q&A

6:45-7:30 Medical & Therapy evaluation- subjective and objective

7:30-8:15 Therapy assessment, goals & plan

8:15-8:45 Stimulating a Void -lecture and lab

8:45-9:00 Q&A and adjourn

Day 4 Virtual Live Class

5:00-6:00 Video Initial Evaluation

6:15-6:30 Q&A

6:30-7:45 Treatment session examples with Video demonstration Lab-SEMG, DRA assessment, breathing assessment and treatment

7:45-8:45 Case Studies

8:45-9:00 Q&A and adjourn