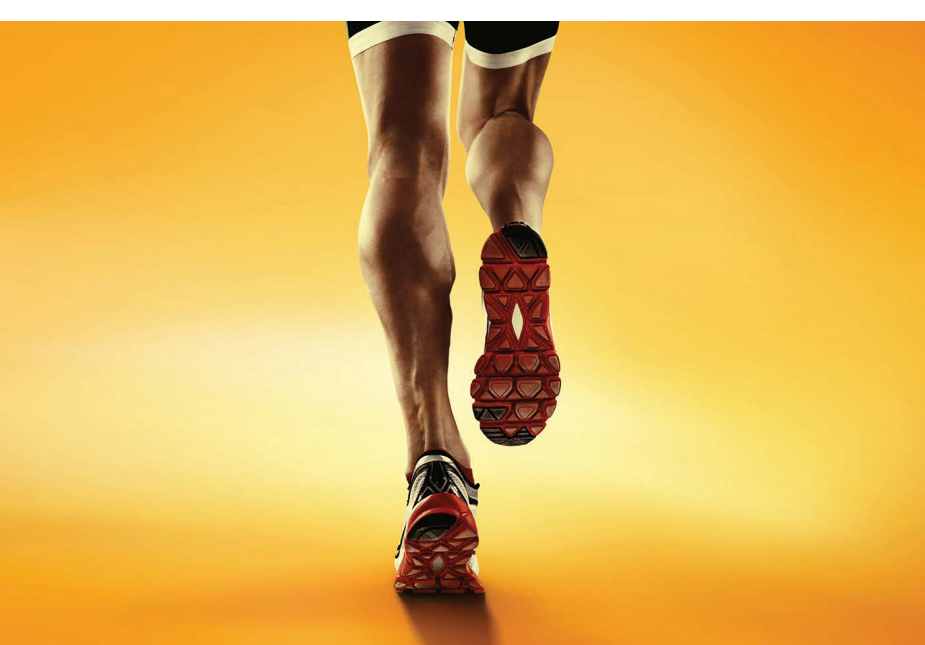




The Annual Meeting of The Israeli Society for Sports Medicine and The 3rd Biannual Israeli Hip Symposium



September 29-30, 2015 • Tel Aviv, Israel

Israel Pediatric
Orthopaedic Society

The Israel Hip
and Knee Society

The Israel Society of Knee
Surgery and Arthroscopy

The Israeli
Physiotherapy Society



Welcome from the program chair

It is with great pleasure to invite you to attend **the 3rd biennial Hip Symposium and the annual meeting of the Israeli society for sports medicine** to be held in Tel Aviv September 29-30 2015. The hip meeting will cover current trends in modern hip surgery and rehabilitation from childhood to adulthood. The sports society meeting will include a variety of new prophylactic, physiologic and therapeutic modalities information, allowing attendees to expand their knowledge and enhance their skills.

National and international faculty of leading experts will present the current concepts of Pediatric hip diseases, Conservative Hip Surgery, Hip Arthroscopy, Hip Arthroplasty, Rehabilitation and Future trends in each field.

Virtually every aspect of hip diseases and treatments will be examined on the first day of the course through case-based learning, video vignettes, and audience interaction. On the second day a comprehensive hip and pelvis rehabilitation workshop for physiotherapists will run in parallel with surgical re-live demonstrations, case presentations, open debates and discussions on a wide spectrum of hip pathologies. Lunch time hands-on workshops and technical exhibits will also be offered.

All those with an interest in open and arthroscopic hip surgery rehabilitation and the care of the athlete are encouraged to attend this meeting:

- Orthopaedic surgeons and residents
- Physiotherapists
- Sports medicine physicians
- Radiologists and allied health professionals.

We are looking forward to seeing you in Tel Aviv

Scientific committee:

- Thomas G Sampson**, hip meeting chair
- Ehud Rath**, Chair, Israeli society for sports medicine
- Reuven Shitrit**, Chair, pediatric orthopedic society
- Ronen Debi**
- Liran Lifshitz**

Invited International faculty:

- Richard Field**, Great Britian
- Robroy Martin**, USA
- Travis Matheney**, USA
- Victor M. Ilizaliturri**, Mexico
- Hal D Martin**, USA
- Thomas G Sampson**, USA
- Joel Matta**, USA

SCIENTIFIC PROGRAM

Tuesday, September 29

General topics, Instructional lectures

- How the experts evaluate the hip
- Pediatric hip
- Femoroacetabular Impingement
- Hip preservation surgery
- Early OA - Where is the border between arthroplasty and arthroscopy?
- Rehabilitation of hip and pelvis
- Ischiofemoral impingement
- Surgical approach to the hip - debates
- Iliopsoas pathologies
- Ligamentum teres pathologies
- Adult reconstruction
- Periacetabular osteotomy
- Sources of Posterior Hip Pain

Workshops:

- Hip Ultrasound, US guided injections
- Physical examination of the hip
- Hip rehabilitation for surgeons

Wednesday, September 30

Surgical debates and discussions

- Surgical Approaches to hip arthroplasty
- Hip pathologies in children and adolescents
- Periacetabular osteotomy
- Subspinal and Ischiofemoral impingement
- Arthroscopy of the post arthroplasty hip
- Surgical demonstrations re-live
- Labral repair and reconstruction
- Treatment of chondral lesions
- Synovial diseases
- Challenging THR

Rehabilitation of the Hip and Pelvis

- Physical examination and imaging
- Theoretical and practical hip rehab
- Do and don't in hip rehabilitation
- Case presentations, debate and discussions
- Hip rehabilitation workshop
- Physical therapy assessment of hip pathologies vs. lumbar pathologies