

COURSE SCHEDULE: VESTIBULAR REHABILITATION

DAY 1

- 9:00 Introduction & Course Organization
- 9:15 Lecture: Anatomy And Physiology 1
- 10:30 Lecture: Oculomotor Examination 2
- 11:15 Break
- 11:30 Lab: Oculomotor Examination (HIT, SN, GEN, Pursuit, Saccade, VORc) 3
- 12:30 Lunch
- 1:30 Lecture: Pathophysiology 4
- 2:45 Lab: Oculomotor Exam Refresher
- 3:30 Break (Snacks Provided)
- 3:45 Lecture: Gait and Balance 5
- 4:45 Questions
- 5:00 Adjourn

DAY 2

- 9:00 Lab: Gait/Balance Exam (Romb, Sh Romb, SIS, DGI, Gait Speed, Ctsib, Dual Task Tug) 6
- 10:15 Lecture: Eye Movement Analysis 7
- 11:30 Break
- 11:45 Lecture: Vestibular Function Testing 8
- 1:00 Lunch
- 1:45 Lab: Vestibular Function Testing via case studies 9-11
- 3:00 Break
- 3:30 Lecture: Best evidence for treating BPPV (aSCC and pSCC) 12
- 4:45 Questions & Discussion
- 5:15 Adjourn

Day 3

8:45 Lab: BPPV vertical canals 13

10:00 Lecture: End Organ Dysfunction 14

11:15 BREAK

11:30 Lecture: Rationale and Treatment For UVH, BVH (DVA, Gaze Stability, Gait/Balance) 15

1:00 Lunch

2:00 Lab: (Gaze Stability) 16

2:45 BREAK

3:00 Lecture: Central Vestibular Dysfunction and Oculomotor Alignment 17

4:15 Lab: Oculomotor Alignment 18

5:00 Adjourn

Day 4

8:45 Lab refresh: Oculomotor Alignment

9:30 Lecture: Best Evidence for treating hSCC BPPV (Horizontal SCC) 19

10:45 Lab: BPPV Treatment for the Horizontal SCC 13

12:00 Lunch

1:00 Lecture: Anxiety and 3PD and Psych 20

2:30 Video Cases

3:30 Break

3:45 Questions and Discussion

4:30 Adjourn

Day 5

9:00 Lecture: Vestibular Migraine 21

10:15 Video Cases

11:00 Break

IPTS

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11:15 Lecture: Development of the Vestibular System 22

12:15 Lunch

1:15 Participants present cases, 2-3 .ppt slides or a video: Group discussion/Seminar Format

4:00 Questions

4:30 Adjourn